

July 2021

Mon	Tue	Wed	Thu	Fri
<p>OVERFLOW PARKING:</p>  <p>Members if you find yourself not being able to park in our parking lot our neighbors at <u>Bishop Mart</u> do not mind if you park BEHIND their building or in the middle section of the shopping plaza near the <u>Dollar USA</u> store.</p>			<p>1 9:00 Mah Jongg 9:30 Travel Club 11:30 Travel Club 1:00 Chickenfoot/ Pinochle 1:00 Bid Whist 1:00 Euchre 1:30 Travel Club 2:00 Ladies Billiards</p>	<p>2 9:00 Beginner's Spades 12-4:30 MP room Reserved 1:00 Pinochle</p>
<p>5 Closed</p>  <p><i>Happy 4th of July</i></p>	<p>6 9:00 Beginner's Spades 9am-1pm DAV <small>(library closed)</small> 10:30 TOPS 12:30 Line Dancing 1:00 Bid Whist 1:00 Chickenfoot/ Pinochle 2:00 Knit/Crochet 2:00 Ladies Billiards</p>	<p>7 8:00 Spades (Int) 10:00 Range of Motion 10:00 Guitar 11:00 Water Volleyball 1:30 Ukulele 3:00 Ping Pong</p>	<p>8 9:00 Mah Jongg 1:00 Chickenfoot/ Pinochle 1:00 Bid Whist 1:00 Euchre 2:00 Ladies Billiards</p>	<p>9 9:00 Beginner's Spades 12-4:30 MP room Reserved 1:00 Pinochle</p>
<p>12 8:00 Spades <small>Intermediate</small> 10:00 Chairobics 11:30 Water Volleyball 1:00 Pinochle <small>Intermed.</small> 1:30 <i>Beginners</i> Line Dance 3:00 Ping Pong</p>	<p>13 9:00 Beginner's Spades 9am-1pm DAV <small>(library closed)</small> 10:00 Walking w/Annie 10:30 TOPS 12:30 Line Dancing 1:00 Bid Whist 1:00 Chickenfoot/ Pinochle 2:00 Knit/Crochet 2:00 Ladies Billiards</p>	<p>14 8:00 Spades (Int) 10:00 Range of Motion 10:00 Guitar 11:00 Water Volleyball 1:30 Ukulele 3:00 Ping Pong</p>	<p>15 9:00 Mah Jongg 1:00 Chickenfoot/ Pinochle 1:00 Bid Whist 1:00 Euchre 2:00 Ladies Billiards</p>	<p>16 9:00 Beginner's Spades 12-4:30 MP room Reserved 1:00 Pinochle</p>
<p>19 8:00 Spades <small>Intermediate</small> 10:00 Chairobics 11:30 Water Volleyball 1:00 Pinochle <small>Intermed.</small> 1:30 <i>Beginners</i> Line Dance 3:00 Ping Pong</p>	<p>20 9:00 Beginner's Spades 9am-1pm DAV <small>(library closed)</small> 10:00 Walking w/Annie 10:30 TOPS 12-1P Blood Pressure Cks <small>Southwell Prim. Care</small> 12:30 Line Dancing 1:00 Bid Whist Chickenfoot/Pinochle 2:00 Knit/Crochet Ladies Billiards</p>	<p>21 8:00 Spades <small>Intermediate</small> 10:00 Range of Motion 10:00 Guitar 11:00 Water Volleyball 1:30 Ukulele 3:00 Ping Pong</p>	<p>22 9:00 Mah Jongg 1:00 Chickenfoot/ Pinochle 1:00 Bid Whist 1:00 Euchre 1:30 <i>String Art</i> <i>with Margie</i> 2:00 Ladies Billiards</p>	<p>23 9:00 Beginner's Spades 12-4:30 MP room Reserved 1:00 Pinochle</p>
<p>26 8:00 Spades <small>Intermediate</small> 10:00 Chairobics 11:00 Water Volleyball 1:00 Pinochle <small>Intermed.</small> 1:30 <i>Beginners</i> Line Dance 3:00 Ping Pong</p>	<p>27 9:00 Beginner's Spades 9am-1pm DAV <small>(library closed)</small> 10:00 Walking w/Annie 10:30 TOPS 12:30 Line Dancing 1:00 Bid Whist 1:00 Chickenfoot/ Pinochle 2:00 Knit/Crochet 2:00 Ladies Billiards</p>	<p>28 8:00 Spades <small>Intermediate</small> 10:00 Range of Motion 10:00 Guitar 11:00 Water Volleyball 1:30 Ukulele 3:00 Ping Pong</p>	<p>29 9:00 Mah Jongg 1:00 Chickenfoot/ Pinochle 1:00 Bid Whist 1:00 Euchre 2:00 Ladies Billiards</p>	<p>30 9:00 Beginner's Spades 12-4:30 MP room Reserved 1:00 Pinochle</p>

JULY 2021 SENIOR CITIZENS CENTER

Phone: 229-253-1266

1360 E. Park Avenue

Website: www.vlpra.com

Hours:

MON– FRI-8AM-5PM

The Senior Center will be **Closed Monday, July 5th**, In Observance for Independence Day

Don't forget to

SCAN IN your card!

Please be sure to scan in your card for attendance each day you visit the

Center.

You only have to scan in once a day.

Members Please be sure to

LOCK YOUR CAR/TRUCK DOORS

We get a lot of walking traffic through our parking lot and some of those individuals will take a *scenic tour* and maybe a few *souvenirs* of what is in your vehicle especially if unlocked.



Chairobics

Space Is Limited

Please Bring your own hand weights, balls and stretch bands if you have some

Class Begins Monday

July 12 @10:00am

OPEN SWIM HOURS

Mon: 8am-9:15am and 1pm-4:30pm

Volleyball 11:30am-12:30pm

Tues: 8am-9:15am and 12 pm-4:30pm

Wed: 8am-9:15am and 1pm-4:30pm

Volleyball 11:30am-12:30pm

Thurs: 8am-9:15am and 12pm-4:30pm

Fri: 8am -2pm

Not getting our email messages/ notifications?



Check your file at the front desk to make sure we have your email address.

If you don't have an email address opt for text message notifications, we just need the correct mobile phone number and carrier service you use (Verizon, T-Mobile, Sprint, etc.)



Save our EMAIL ADDRESS as a contact for the senior center in your email box

tbrown@vlpra.com

drice@vlpra.com

seniorinfo@vlpra.com

noreply@rec1mail.com

Be sure to check your SPAM/Junk mail for any messages we may have sent you. If you find us there, send the message to your inbox and be sure to **add us to your Contacts.**

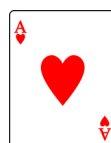
Water Aerobics Classes:

Mon-Thur 9:30am-10:15am

Tue & Thur 10:30am-11:15am

Please **DO NOT** enter the class 10min past starting times9

If anyone is interested in playing



Hearts or Euchre



Please see the front office to sign up